In the modern world, it is possible to shop, work and communicate with people via the Internet and live without any face-to-face contact with others. Is it a positive or negative development?

Breakthroughs **en_in the area of** the internet have changed all aspects of humans' lives. Living in this era **that-when** the revolution in technology <u>has introduces introduced</u> a new lease of life could lead to social evolution. While many believe that the modern world has <u>life</u>-facilitated <u>life</u>, the other group hold a different view. The question is whether this phenomenon brings more <u>beneficial benefits</u> for people or not?

Modern life, on the other hand, has its own drawbacks as well. Lack of face-to-face communication among people could contribute to irrecoverable psychological results. According to psychological research, humans are social beings who require contacting with others to survive, otherwise, they will suffer from various mental illnesses. By the same token, hardly ever could employees could acquire new knowledge when they isolate themselves in their rooms. A growing number/body of studies have indicated that significant issues are solved when there are more consultations among colleagues.

In conclusion, it is a battle between technology and traditional life. Although state-of-the-art gadgets bring a wide range of facilities to humans' lives, they may result in isolation and depression. From my point of view, it is absolutely crucial to find a proper balance between them.